



# Supporting families and carers

## The National Disability Insurance Scheme (NDIS) knows that families and carers play an irreplaceable role in the lives of their family members with disability.

We know that families and carers give love, care and support to their family member. They do whatever they need to do to make sure their family member has the best opportunities in life.

We also know that families provide help and support that cannot be replaced by formal services or paid support workers.

What the NDIS aims to do is support you in that role – as a Mum or Dad, partner or spouse, brother or sister, grandparent or extended family member.

**We know that families just want to get on with the ordinary business of being a family.**

## Getting ready for your family member to participate in the NDIS

For many NDIS participants, the views and experiences of their families will play an important part in helping them prepare for the NDIS and to help them get going with their first NDIS plan.

The My NDIS Pathway booklet describes the first experiences your family member will have with the NDIS to develop their individualised plan.

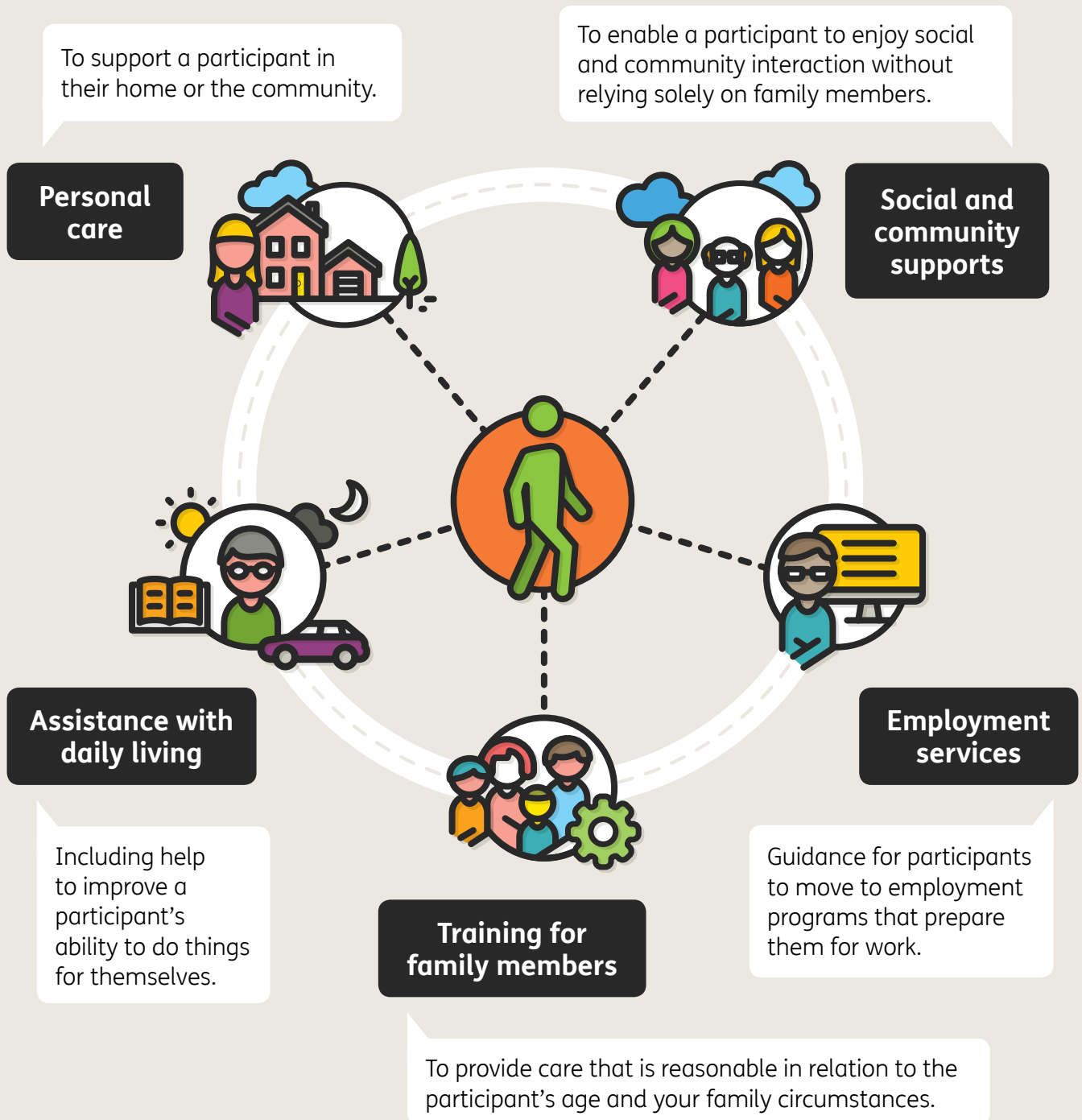
If your adult family member requests it, or if your family member is a child or young person, your knowledge, experience and understanding of your family member will be needed when preparing for and speaking with the NDIS. This might include thinking about what support they have now and what is needed for your family member to live the life they want.

## NDIS support for families and carers

Each NDIS participant will have their own plan reflecting their goals, personal circumstances and disability support needs. While the focus of the plan is the person with disability, the types of supports in the participant's plan may also have direct or indirect benefits for families and carers.

See diagram on next page ↗

## An NDIS participant's plan may include things like:



The NDIS can also advise you about supports that are available to you under other government-funded programs, including training and peer-support programs.

**For more information visit: [www.ndis.gov.au/families-carers](http://www.ndis.gov.au/families-carers)**